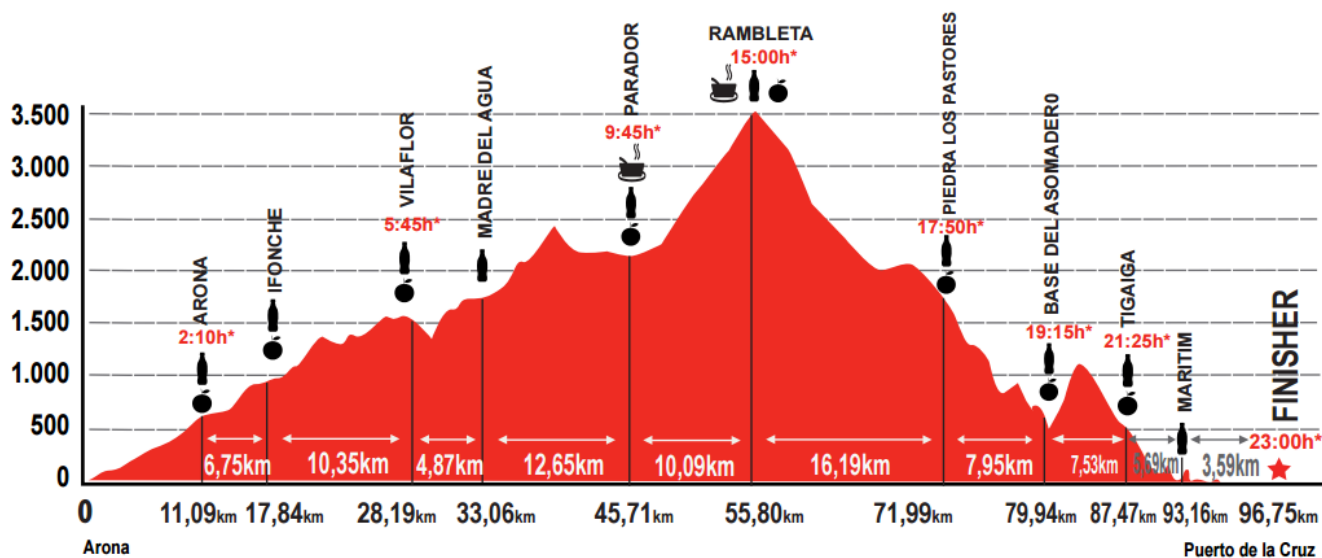


ULTRA Itinerary

Los Cristianos – Arona – Ifonche – Vilaflor de Chasna – Degollada de Guajara – Roques de García – Pico Viejo - La Rambleta – Montaña Blanca – Lomo Hurtado - Degollada del Cedro – Ladera de Tigaiga – Chanajiga – Tigaiga – El Asomadero –Mirador de la Corona– Rambla de Castro – Puerto de La Cruz

Starting Time	Las Vistas Beach, Los Cristianos 00:00 am, 09 th June 2018
Finish Line	Martianez Beach, Puerto de la Cruz
Maximum Duration	23 hours
Distance	96,8km
Type	Hiking path 67%, dirt track 19% y asphalt 14%
Acc. Altitude gain	6.411m
Acc. Altitude loss	6.408m
Total Elevation Gain	12.819m
Altitude Departure Point	1,19m
Maxium Altitude	3.555m



*Times Limit